Aaron Scott Ziegler, PhD-SLP

Location: Chiang Mai, Thailand

Phone: +1 (419) 540-8441

Email: connect@achievewithdraaron.com

Education

Graduate & Undergraduate Degrees

- **University of Pittsburgh** (2014)
  - **Doctor of Philosophy in Communication Science & Disorders**
  - *Advisor:* Katherine Verdolini Abbott, PhD
  - *Dissertation:* "Effects of Vocal Intensity and Physical Activity Levels on Phonatory and Respiratory Function"
- **Northwestern University** (2007)
  - **Master of Arts in Speech-Language Pathology**
- **University of Michigan** (2001)
  - **Bachelor of Fine Arts in Performance (Acting concentration)**
  - *Honors:* Graduated with Distinction
  - **Bachelor of Arts in Spanish (Latin American Studies focus)**
  - *Honors:* Graduated with Highest Honors

Postgraduate Training

- **Oregon Health & Science University** (2014–2016)
  - Postdoctoral Fellow, Department of Otolaryngology/Head & Neck Surgery
- **Emory University** (2009–2010)
  - Clinical Fellow in Speech-Language Pathology, Emory Voice Center, Department of Otolaryngology/Head & Neck Surgery

Certifications

- **Certificate of Human Investigations**, School of Medicine, Oregon Health & Science University (2017)
- **Certificate of Clinical Competence**, American Speech-Language-Hearing Association (#12127133) (2010–Present, Yearly)
- **Lee Silverman Voice Treatment (LSVT)**, LSVT Global, Inc. (2014, renewed

2021–2023)
- **SPEAK OUT!**, Parkinson's Voice Project (2020)
- **Phonation Resistance Training Exercises (PhoRTE®)**, PhoRTE, LLC (2010)
- **Lessac-Madsen Resonant Voice Therapy**, Katherine Verdolini, PhD, CCC-SLP (2005)
- **Certificate of Vocology**, National Center for Voice and Speech (2005)
- **Basic Life Support**, American Heart Association (2023–2025)

Professional Licenses

- **State of Oregon:** Licensed SLP (2014–Present, #015228, expires 1/30/2028)
- **State of California:** Licensed SLP (2019–Present, #SP29605, expired 8/31/2025)
- **State of Michigan:** Licensed SLP (2019–2020, #7101006610, expired 9/30/2020)
- **State of Hawai'i:** Licensed SLP (2012–2013, #SP1251, expired 12/31/2013)
- **Commonwealth of Pennsylvania:** Licensed SLP (2010–2012, #SL010116, expired 7/31/2012)
- **State of Georgia:** Temporary SLP Fellow License (2009–2010, #PCET001444, expired 7/2/2011)

Appointments/Employment

Academic Appointments

- **The University of Scranton**, Department of Health and Human Performance, Scranton, PA
    - **Tenure-track Assistant Professor** (2024–2026)
        - Conducted didactic and clinical coursework for undergraduate and graduate speech-language pathology cohorts.
    - **Part-Time Faculty** (2023–2024)
        - Instructed graduate-level research methodology courses.
- **University of Ghana**, Department of Audiology, Speech, and Language Therapy, Accra, Ghana
    - **Academic Support Volunteer in Voice Disorders** (2018–2025)
        - Delivered short-term intensive lecture series and directed field research in voice disorder to expand regional voice treatment infrastructure.
- **Pacific University**, Department of Communication Sciences & Disorders, Forest Grove, OR
    - **Adjunct Assistant Professor** (2020)
        - Facilitated clinical practice modules and instructed neuroanatomy and neurophysiology of communication.

- **Portland State University**, Department of Speech and Hearing Sciences, Portland, OR
    - **Clinical Assistant Professor / Adjunct Faculty** (2015–2019)
        - Provided target lectures focused on vocal health parameters and systemic voice disorders.
- **Oregon Health & Science University**, NW Center for Voice & Swallowing, Portland, OR
    - **Speech-Language Pathologist and Singing Voice Specialist** (2014–2019)
        - Executed clinical responsibilities alongside specialized interdisciplinary medical teams.
- **University of Hawai‘i at Manoa**, Department of Communication Sciences & Disorders, Honolulu, HI
    - **Acting Assistant Professor (Tenure-Track)** (2012–2013)
        - Oversaw program developments and successfully chaired national program accreditation efforts.
- **University of Pittsburgh**, Department of Communication Science & Disorders, Pittsburgh, PA
    - **Graduate Research Assistant** (2008–2013)
- **Columbia College - Chicago**, Department of Radio, Chicago, IL
    - **Adjunct Faculty Member** (2006–2007)

Professional & Clinical Experience

- **Preply**, Remote / Online
    - **Independent English Teacher** (2025–Present)
- **U.S. Department of Veterans Affairs**, Philadelphia, PA
    - **Speech-Language Pathologist** (2025–2026)
- **Bjorn This Way, Inc.**, Portland, OR
    - **Founder and President** (2021–Present)
        - Chaired a 501(c)(3) nonprofit enterprise, managing annual fundraising platforms to scale community support initiatives.
- **PhoRTE, LLC**, Dover, DE
    - **Co-Founder and Co-Owner** (2018–Present)
        - Co-authored proprietary operational manuals and directed educational software development portals.
- **Confident Clinician Cooperative, LP**, Fort Worth, TX
    - **Co-Founder** (2020–2024)
        - Managed continuing education systems and clinical mentoring tracks for working professionals.
- **Wellness Group for Voice, Speech, and Swallowing, LLC**, Portland, OR
    - **Director, Speech-Language Pathologist, and Singing Voice Specialist** (2019–2024)
- **Oregon Health & Science University**, NW Center for Voice & Swallowing,

Portland, OR
    - **Assistant Professor / Speech-Language Pathologist** (2016–2019)
    - **Member**, Transgender Health Program and Multidisciplinary Care Team (2014–2018)
- **Tripler Army Medical Center**, Department of Surgery, Honolulu, HI
    - **Expert Consultant in Speech-Language Pathology** (2013)
        - Handled voice metrics for singing specialists and craniofacial clinical units.
- **University of Pittsburgh Medical Center (UPMC)**, Pittsburgh, PA
    - **Speech-Language Pathologist**, University of Pittsburgh Voice Center (2011–2012)
    - **Speech-Language Pathologist**, Department of Otolaryngology/Head & Neck Surgery (2010–2011)
- **Kids' Gallery Co.**, Hong Kong
    - **Performing Arts, Singing, and Creative Movement Teacher** (2003–2005)
- **Freelance**, New York City, NY and Hong Kong
    - **Actor** (2001–2005)

Publications

Peer-Reviewed Journal Articles

- Murphy Estes, C., Becker-Gorkin, D. R., Goodwin, M. E., & **Ziegler, A.** (2026). Defining the clinical status quo: Reflections on practice patterns, productivity pressure, and professional purpose. *Perspectives of the ASHA Special Interest Groups*.
- Yao, T. J., **Ziegler, A.**, & Solomon, N. P. (2025). Phonation Resistance Training Exercises (PhoRTE®) and Inspiratory Muscle Strength Training (IMST) improve voice in older adults with presbyphonia: A single-subject experimental study. *Journal of Voice*. doi.org
- Heitzman, A., Browy, J. R., Britton, D., Conn, J., & **Ziegler, A.** (2024). Impact of testosterone therapy on pulmonary function in transgender and gender expansive individuals assigned female at birth: A cross-sectional comparative study. *International Journal of Transgender Health*, 1–18.
- Belsky, M. A., Shelly, S., Rothenberger, SD., **Ziegler, A.**, Hoffman, B., Hapner, E. R., Gartner-Schmidt, J. L., & Gillespie, A. I. (2023). Phonation Resistance Training Exercises (PhoRTE®) with and without Expiratory Muscle Strength Training (EMST) for patients with presbyphonia: A noninferiority randomized clinical trial. *Journal of Voice*, *37*(3), 398–409.
- **Ziegler, A.**, Korzun, T., LeClerc, A. A., & Gillespie, A. I. (2023). Cannabis consumption among patients with voice disorders: A multi-center e-survey study.

Journal of Voice, *37*(3), 467.e9–467.e18.

- Knickerbocker, K., Bryan, C., & **Ziegler, A.** (2021). Phonogenic voice problems among speech-language pathologists in synchronous telepractice: An overview and recommendations. *Seminars in Speech and Language*, *42*(1), 73–84.
- Jakomin, J. R., **Ziegler, A.**, Rio, C., & Suddarth, R. (2020). Opportunities to learn transgender voice and communication therapy in graduate speech-language pathology education: Preliminary e-survey findings. *Perspectives of the ASHA Special Interest Groups*, *5*(4), 876–883.
- Amponsah, C., Godwin, T., Gomado, L., Heitzman, A., & **Ziegler, A.** (2020). Preliminary findings on self-reported voice disorders in Ghana: A qualitative description study. *Communication Disorders Quarterly*, *42*(1), 40–49.
- Fulton, N. M., Drake, K., Childes, J. M., **Ziegler, A.**, Schindler, J. S., Graville, D. J., & Palmer, A. D. (2020). The association between paradoxical vocal fold motion and dysphonia in adolescents. *Folia Phoniatrica et Logopaedica*, *72*(5), 378–388.
- Meehan-Atrash, J., Koran, T., & **Ziegler, A.** (2019). Cannabis inhalation and voice disorders: A systematic review. *JAMA Otolaryngology–Head & Neck Surgery*, *145*(10), 956–964.
- **Ziegler, A.**, VanSwearingen, J., Jakicic, J. M., & Verdolini Abbott, K. (2019). Phonation demonstrates goal dependence given unique vocal intensity and aerobic workload conditions. *Journal of Speech, Language, and Hearing Research*, *62*(8), 2584–2600.
- **Ziegler, A.**, & Hapner, E. (2020). Voice dose in older adults with presbyphonia: An analytic, cross-sectional study. *Journal of Voice*, *34*(2), 221–230.
- Allensworth, J., O'Dell, K., Bryans, L., **Ziegler, A.**, Flint, P., & Schindler, J. (2019). Treatment outcomes of bilateral medialization thyroplasty for presbylaryngis. *Journal of Voice*, *33*(1), 40–44.
- **Ziegler, A.**, Henke, T., Wiedrick, J., & Helou, L. B. (2018). Effectiveness of testosterone therapy for masculinizing voice in transgender patients: A meta-analytic review. *International Journal of Transgenderism*, *19*(1), 25–45.
- Baylow, H. E., **Ziegler, A. S.**, Ciorciari, C., & Ricigliano, L. M. (2016). Association between the electroglottographic waveform and the temporal aspects of the pharyngeal swallow. *Jacobs Journal of Physical Rehabilitation Medicine*, *2*(1), 1–6.
- **Ziegler, A.**, Dastolfo, C., Hersan, R., Rosen, CA., & Gartner-Schmidt, J. (2014). Perceptions of voice therapy from patients diagnosed with muscle tension dysphonia and benign mid-membranous vocal fold lesions. *Journal of Voice*, *28*(6), 742–752.
- **Ziegler, A.**, Verdolini Abbott, K., Johns, M. M., Klein, A., & Hapner, E. (2014). Preliminary data on two voice therapy interventions in the treatment of presbyphonia. *Laryngoscope*, *124*(8), 1869–1876.
- Lew, H., Hiu, J., Shumway, E., Kwok, K., **Ziegler, A.**, & Magnusson, R. (2012). Department of Communication Sciences and Disorders at the University of Hawaii John A Burns School of Medicine. *Hawaii Journal of Medicine and Public Health*, *71*(10), 299–300.
- **Ziegler, A.**, Miller, L. J., Hopkin, T., Gilman, M., & Johns, M. M. (2012). Health

promotion and injury prevention education in schools of music: Impacting the singer's use and care of the vocal mechanism. *Journal of Singing*, *68*(5), 531–541.
- **Ziegler, A.**, Gillespie, A., & Verdolini Abbott, K. (2010). Review: Behavioral treatment of voice disorders in teachers. *Folia Phoniatrica et Logopaedica*, *62*, 9–23.

Non-Peer-Reviewed & Electronic Publications

- Knickerbocker, K., Bryan, C., & **Ziegler, A.** (2020, May). Successful telepractice: Optimizing your online services for voice. *inFormant PAVA Newsletter*, *1*(2).
- **Ziegler, A.**, Helou, L. B., & Gillespie, A. I. (2015). Respiratory-phonatory interaction: Current understanding and potential directions. *The Voice*, *20*(1).
- **Ziegler, A.** (2022). Putting on the oxygen mask—to change up his career. *ASHA Leader*.
- **Ziegler, A.**, & Hapner, E. (2013). The behavioral voice-lift. *ASHA Leader*.

Book Chapters

- **Ziegler, A.** (2025). Introduction (Chapter 5 Glottal Gaps). In J. Stemple, E. Hapner, & L. Timmons Sund (Eds.), *Voice therapy: Clinical case studies* (6th ed.). Plural Publishing, Inc.
- **Ziegler, A.**, & Hapner, E. (2025). Phonation Resistance Training Exercise (PhoRTE®) to treat an adult with presbyphonia. In J. Stemple, E. Hapner, & L. Timmons Sund (Eds.), *Voice therapy: Clinical case studies* (6th ed.). Plural Publishing, Inc.
- Heitzman, A., Lavella-Perfitt, L., & **Ziegler, A.** (2023). Training non-verbal communication behaviors in transgender and non-binary clients. In L. Goldberg et al. (Eds.), *Behavioral, medical, and surgical management of voice and communication in transgender female and non-binary patients*. Springer.
- **Ziegler, A.**, & Bryan, C. (2021). Voice disorders in children and adults. In G. L. Lof & A. F. Johnson (Eds.), *National speech-language pathology examination review and study guide* (2nd ed., pp. 405–423). Therapy Ed.
- **Ziegler, A.**, & Hapner, E. (2019). Phonation Resistance Training Exercise (PhoRTE®) as a treatment for glottal insufficiency and presbyphonia in an older female with age-related voice changes. In J. Stemple & E. Hapner (Eds.), *Voice therapy: Clinical case studies* (5th ed.). Plural Publishing, Inc.
- **Ziegler, A.** (2019). Improving phonatory closure in glottal dysfunction with voice therapy. In J. Stemple & E. Hapner (Eds.), *Voice therapy: Clinical case studies* (5th ed.). Plural Publishing, Inc.
- **Ziegler, A.** (2018). Application of injury prevention to a touring professional singer with phonotrauma. In R. Branski & S. Molfenter (Eds.), *Speech-language pathology casebook*. Thieme Medical Publishers, Inc.
- **Ziegler, A.**, & Hapner, E. (2014). Phonation Resistance Training Exercise (PhoRTE®) therapy: Application to the aging singer's vocal rehabilitation. In M.

Rosenberg & W. LeBorgne (Eds.), *The vocal athlete: Application and technique for the hybrid singer*. Plural Publishing.

- **Ziegler, A.**, & Hapner, E. (2014). Use of Phonation Resistance Training Exercise (PhoRTE®) therapy for an elderly female with presbyphonia. In J. Stemple & E. Hapner (Eds.), *Voice therapy: Clinical case studies* (4th ed.). Plural Publishing, Inc.
- **Ziegler, A.**, & Hapner, E. (2013). Phonation Resistance Training Exercise (PhoRTE®) therapy. In A. Behrman & J. Haskell (Eds.), *Exercises for voice therapy* (2nd ed.). Plural Publishing.
- **Ziegler, A.**, & Verdolini, K. (2009). Anatomy and physiology of the voice. In J. Feindel (Ed.), *Thought propels the sound*. Plural Publishing.

Manuals & Trademarks

- **Ziegler, A.**, & Hapner, E. (2018–2026). *Phonation Resistance Training Exercises (PhoRTE®): A clinician manual*. PhoRTE, LLC.
- **Ziegler, A.** (Co-owner). Phonation Resistance Training Exercises PhoRTE®. Serial Number: 97509474, USPTO Filing Date: 07/19/2022, Published in the Trademark Official Gazette (TMOG) on 7/26/2023.

Manuscripts in Preparation / Submitted

- Verdolini Abbott, K., Rosen, C., Helou, L., **Ziegler, A.**, Branski, R. C., Hersan, R., Gartner-Schmidt, J., Desjardins, M., & Kreiman, J. (Submitted). Randomized study of resonant voice therapy for patients with benign mid-membranous vocal fold lesions: Self-reported voice handicap and potential mechanisms. *Journal of Voice*.

Presentations

Peer-Reviewed Podium Presentations

- Tanaka, Y., Yano, J., Nanto, T., Tamura, T., Etter, N. M., Tsuboi, T., Hashizume, A., Sato, M., **Ziegler, A.**, & Katsuno, M. (2023, October). *Development of voice-related quality of life assessment for the elderly—Phase 1: Aging Voice Index (AVI) Japanese version*. Paper presented at the 68th Annual Meeting of the Japan Society of Logopedics and Phoniatrics, Kurashiki City, Japan.
- Gutierrez, D., Gill, J., & **Ziegler, A.** (2022, November). *Telepractice reinvented: Reframe your thinking on virtual gender affirming voice services*. Seminar presented at the American Speech-Language-Hearing Association (ASHA) Convention, New Orleans, LA.
- Browy, J., Heitzman, A., Britton, D., Conn, J., Drake, K., & **Ziegler, A.** (2022, November). *Respiratory function in transgender and gender diverse individuals*

on testosterone therapy: A comparative study. Technical research session presented at the American Speech-Language-Hearing Association (ASHA) Convention, New Orleans, LA.

- Browy, J., Heitzman, A., Britton, D., Conn, J., Drake, K., & **Ziegler, A.** (2022, October). *Respiratory function in transgender and gender diverse individuals on testosterone therapy: A comparative study*. Seminar presented at the Oregon Speech and Hearing Association (OSHA) Virtual Fall Conference.
- Lavella-Perfitt, L., & **Ziegler, A.** (2022, March). *Treating psychogenic effects on voice in the professional YouTube culture*. Session presented at the CSHA Convergence, Pasadena, CA.
- Gill, J., & **Ziegler, A.** (2021, November). *Access to gender-affirming voice and communication services: A group therapy solution*. Technical clinical presentation at the American Speech-Language-Hearing Association (ASHA) Convention, Washington, DC.
- Heitzman, A., **Ziegler, A.**, Browy, J. R., Conn, J., Drake, K., & Britton, D. (2021, November). *Respiratory function in gender diverse individuals on testosterone therapy: A comparative study*. Technical research presentation at the American Speech-Language-Hearing Association (ASHA) Convention, Washington, DC.
- Hapner, E., & **Ziegler, A.** (2021, November). *Treatment decision-making in presbyphonia: A case-based demonstration of an assessment algorithm*. Presentation at the American Speech-Language-Hearing Association (ASHA) Convention, Washington, DC.
- Kaufman, M., Sterling, L., & **Ziegler, A.** (2021, November). *Teaching an old dog new tricks: Career detours and discoveries*. Presentation at the American Speech-Language-Hearing Association (ASHA) Convention, Washington, DC. *(Also accepted for 2020 San Diego meeting; cancelled due to pandemic)*.
- **Ziegler, A.**, Papp, V., Azul, D., Nygren, U., & Block, C. (2018, November). *Voice and communication support for gender diverse people assigned female at birth: Current evidence and professional practice mini-symposium*. Symposium presented at the WPATH Biennial Conference, Buenos Aires, Argentina.
- **Ziegler, A.**, LeClerc, A., & Gillespie, A. (2018, October). *Do patients diagnosed with voice disorders consume cannabis? - A multi-center study of prevalence and impact*. Paper presented at the Fall Voice Conference, Seattle, WA.
- Ruddy-Hoffman, B., **Ziegler, A.**, & Hapner, E. (2018, October). *Benefits of PhoRTE® and adjuvant EMST in patients diagnosed with presbyphonia: A case series*. Paper presented at the Fall Voice Conference, Seattle, WA.
- Chadwick, K., Schindler, J., & **Ziegler, A.** (2017, June). *Voice outcomes in patients with Zenker's diverticula*. Paper presented at the OHSU Department of Otolaryngology Annual Research Symposium, Portland, OR.
- Fulton, N., Palmer, A., **Ziegler, A.**, Drake, K., Childes, J., & Graville, D. (2017, June). *The association between paradoxical vocal fold motion and dysphonia in adolescents*. Paper presented at the OHSU Department of Otolaryngology Annual Research Symposium, Portland, OR.
- **Ziegler, A.** (2017, April). *How to facilitate a successful vocal transition in trans men*. Paper presented at The Art & Science of the Performing Voice Symposium, Seattle, WA.

- Fetrow, R., **Ziegler, A.**, Palmer, A., & Graville, D. (2016, June). *Voice use and vocal effort in older adults*. Paper presented at the OHSU Department of Otolaryngology Annual Research Symposium, Portland, OR.
- Schindler, J., **Ziegler, A.**, & Pham, A. (2015, November). *Complementary, integrative, and traditional medicines for the voice: Separating fact from fiction*. Paper presented at the American Speech-Language-Hearing Association (ASHA) Convention, Denver, CO.
- **Ziegler, A.**, & Verdolini, K. (2015, November). *Respiratory-phonatory interactions in high respiratory drive are goal-dependent*. Paper presented at the American Speech-Language-Hearing Association (ASHA) Convention, Denver, CO.
- Rainero, R., & **Ziegler, A.** (2015, October). *Effects of masculinization on the voice of a professional classical transmale singer*. Paper presented at the Pacific Voice Conference, Santa Clara University, CA.
- Shipley, A., & **Ziegler, A.** (2014, November). *Preliminary data on type of feedback in the training of a novel speech sound*. Paper presented at the American Speech-Language-Hearing Association (ASHA) Convention, Orlando, FL.
- **Ziegler, A.**, & Verdolini, K. (2014, October). *Phonatory and respiratory function during submaximal aerobic exercise: Complementary and competing goals*. Paper presented at the San Antonio Fall Voice Conference, San Antonio, TX.
- Ingle, J., Rosen, C. A., Roth, D. R., Helou, L., Gillespie, A., **Ziegler, A.**, Hebda, P., & Verdolini Abbott, K. (2013, April). *Comparative investigation of biological effects of two vocal loading conditions in human subjects*. Paper presented at the 133rd Meeting of the American Laryngological Association, Orlando, FL.
- **Ziegler, A.**, Hersan, R., Distalfo, C., Rosen, C., & Gartner-Schmidt, J. (2012, October). *Patient perception of voice therapy effectiveness in patients with muscle tension dysphonia and benign vocal fold lesions*. Paper presented at the NYU Fall Voice Conference, New York, NY.
- **Ziegler, A.**, Verdolini Abbott, K., Johns, M. M., Klein, A., & Hapner, E. (2011, November). *Vocal dose in the aging larynx: Putative or causative*. Paper presented at the UCSF Fall Voice Conference, San Francisco, CA.
- **Ziegler, A.**, Verdolini Abbott, K., Johns, M. M., Klein, A., & Hapner, E. (2011, June). *A comparison of two voice therapy interventions in the treatment of presbyphonia: A randomized, controlled pilot study*. Paper presented at the Voice Foundation's 40th Annual Symposium, Philadelphia, PA.
- **Ziegler, A.**, & Hapner, E. (2011, March). *Vocal load and presbyphonia: Is there a relationship?* Paper presented at the 2nd Occupational Voice Conference, London, England.
- **Ziegler, A.**, Gilman, M., Johns, M. M., Klein, A., & Hapner, E. (2010, July). *Vocal function exercises versus loud voice training for patients with age-related dysphonia: A prospective, randomized, controlled trial*. Paper presented at the British Voice Association Meeting, London, England.
- **Ziegler, A.**, Miller, L. J., Hopkin, T., Gilman, M., & Johns, M. (2010, June). *Is ignorance always bliss: Benefits of improved understanding of the vocal mechanism with vocal performance majors*. Paper presented at the Voice Foundation's 39th Annual Symposium, Philadelphia, PA.

- **Ziegler, A.**, & Verdolini Abbott, K. (2009, October). *A new model for the rehabilitation of the musical theater performer's voice based on principles of exercise physiology*. Paper presented at the Multidisciplinary Rehabilitation of the Performer's Voice, Ann Arbor, MI.
- **Ziegler, A.** (2009, June). *The effects of sub-maximal aerobic activity on vocal parameters*. Research proposal presented at the New Investigator Research Forum, Voice Foundation's 38th Annual Symposium, Philadelphia, PA.

Peer-Reviewed Poster Presentations

- Hapner, E. R., & **Ziegler, A.** (2022, October). *Validation of Phonation Resistance Training Therapy utilizing the Theoretical Domains Framework*. Poster presented at the Fall Voice Conference, New Orleans, LA.
- Yao, T., **Ziegler, A.**, & Solomon, N. (2022, October). *Phonation Resistance Training Exercises (PhoRTE®) and Inspiratory Muscle Strength Training with an Older Adult with Presbyphonia*. Poster presented at the Fall Voice Conference, New Orleans, LA.
- Lavella-Perfitt, L., Santos-Ford, D., & **Ziegler, A.** (2022, March). *Voice therapy in a pediatric patient diagnosed with apraxia of speech*. Poster presented at the CSHA Convergence, Pasadena, CA. *(Also presented at Fall Voice Conference, Miami, FL, October 2021)*.
- Heitzman, A., **Ziegler, A.**, Conn, J., Drake, K., & Britton, D. (2020, October). *Respiratory function in gender diverse individuals: A comparative study*. Poster presented at the Fall Voice Conference (Online). *(Also presented at OSHA Online Conference, October 2020; OHSU Research Week, May 2020; and accepted for ASHA 2020, San Diego, CA - cancelled)*.
- Rios-Ayala, S., **Ziegler, A.**, Graville, D., Palmer, A., Crino, C., & Britton, D. (2020, October). *Delayed true vocal fold closure during compression phase of cough in individuals with unilateral vocal fold immobility*. Poster presented at the Fall Voice Conference (Online). *(Also presented at OSHA Online Conference, October 2020; and accepted for ASHA 2020, San Diego, CA - cancelled)*.
- Gill, J., & **Ziegler, A.** (2020, October). *Access to gender-affirming communication services: A group therapy solution*. Poster presented at the Fall Voice Conference (Online). *(Also presented at OSHA Online Conference, October 2020)*.
- **Ziegler, A.** (2018, November). *Profiles of gender diverse patients assigned female at birth who seek treatment for voice problems*. Poster presented at the WPATH Biennial Conference, Buenos Aires, Argentina.
- Tappan, H., Wiedrick, J., Runyan, C., & **Ziegler, A.** (2018, October). *A systematic review of prevention strategies for voice using the Haddon Matrix*. Poster presented at the Fall Voice Conference, Seattle, WA.
- Korzun, T., Meehan-Atrash, J., & **Ziegler, A.** (2018, October). *Clearing the haze: A primer on cannabis inhalation for clinicians managing dysphonia*. Poster presented at the Fall Voice Conference, Seattle, WA.
- Amponsah, C., Heitzman, A., & **Ziegler, A.** (2018, October). *Understanding voice*

problems in Ghana: A cross-sectional study. Poster presented at the Fall Voice Conference, Seattle, WA.

- Chadwick, K., Schindler, J., & **Ziegler, A.** (2017, October). *Voice complaints in patients with Zenker's diverticulum: A case series*. Poster presented at the Fall Voice Conference, Washington, DC.
- Flormann, V., Bryans, L., Drake, K., Schindler, J., **Ziegler, A.**, Palmer, A., & Graville, D. (2016, November). *Measuring vocal effort in older adults with voice disorders: A pilot study*. Poster presented at the American Speech-Language-Hearing Association (ASHA) Convention, Philadelphia, PA.
- Allensworth, J., O'Dell, K., Bryans, L., **Ziegler, A.**, Flint, P., & Schindler, J. (2015, October). *Multidimensional treatment outcomes of bilateral medialization thyroplasty for presbylaryngis*. Poster presented at the Fall Voice Conference, Pittsburgh, PA.
- Meacham, R., Chadwick, K., Gardner, P., **Ziegler, A.**, Schindler, J., & Flint, P. (2015, April). *Comparison of silastic and hydroxyapatite implants for treatment of unilateral vocal cord paralysis*. Poster presented at the Combined Otolaryngology Spring Meetings, Boston, MA.
- Baylow, H., **Ziegler, A.**, Ciorciari, C., & Ricigliano, L. (2014, November). *Association between the electroglottographic waveform and the temporal aspects of the pharyngeal swallow*. Poster presented at the American Speech-Language-Hearing Association (ASHA) Convention, Orlando, FL. *(Also presented at Dysphagia Research Society Meeting, Nashville, TN, March 2014)*.
- **Ziegler, A.**, Doyle, A., & Verdolini Abbott, K. (2011, November). *The vocal warm-up: Is it truly beneficial?* Poster presented at the American Speech-Language-Hearing Association (ASHA) Convention, San Diego, CA.
- **Ziegler, A.**, & Hapner, E. (2010, June). *The "Ah-ha" moment: A new method for understanding clinicians' perceptions of resonant voice*. Poster presented at the Voice Foundation's 39th Annual Symposium, Philadelphia, PA.
- **Ziegler, A.**, Gillespie, A., & Verdolini Abbott, K. (2009, November). *Behavioral treatment of voice disorders in teachers*. Poster presented at the American Speech-Language-Hearing Association (ASHA) Convention, New Orleans, LA.

Invited Lectures & Guest Presentations

International & National

- Murphy Estes, C., Schiff, C., Goodwin, M., & **Ziegler, A.** (2025, September). *Breaking free from the clinical status quo: Reimagining possibilities for our clinical setting*. Oral presentation at the Fall Voice Conference, Charlotte, NC.
- **Ziegler, A.** (2023, January). *Supporting vocal euphoria with voice disorders and differences*. Invited 3-hour seminar, Nagoya, Japan.
- **Ziegler, A.**, Jackson, J., & Swain, D. (2022, November). *Developing responsive relationships and resilient teams to maximize person-centered care and outcomes*. Invited 2-hour masterclass at the American Speech-Language-Hearing Association (ASHA) Convention, New Orleans, LA.

- **Ziegler, A.**, Litt, J., & Gillespie, A. I. (2022, October). *Creating training opportunities for future SLPs: A panel discussion*. Panel presentation at the Mid-Late Career SLP Pre-Conference.
- **Ziegler, A.**, & Hapner, E. R. (2022, October). *Building your voice therapy toolkit*. Presentation at Meet the Mentors - Early Career SLP Pre-Conference.
- **Ziegler, A.** (2022, March). *Riffing: Medical improvisation to build the patient-provider therapeutic alliance*. Presentation at the Sin City Laryngology and Voice Symposium, Las Vegas, NV.
- **Ziegler, A.** (2022, March). *Vocal aging: It's not just about the larynx*. Presentation at the Sin City Laryngology and Voice Symposium, Las Vegas, NV.
- Verdun, L., Dorman, K., & **Ziegler, A.** (2021, November). *The kaleidoscope of voice private practice: Angles, forms and reflections on the independent clinic*. Invited 1-hour oral presentation at the American Speech-Language-Hearing Association (ASHA) Convention, Washington, DC.
- Hapner, E., & **Ziegler, A.** (2021, June). *Decision-making in aging voice: Where does PhoRTE® fit*. Presentation at the Voice Foundation Annual Symposium.
- **Ziegler, A.** (2019, April). *Can we prevent vocal aging*. Lecture presented at the Brazil Joint Congress of Speech-Language Pathologists and Audiologists, Foz do Iguacu, Brazil.
- **Ziegler, A.** (2019, April). *Meta-therapy: A key ingredient in voice therapy*. Lecture presented at the Brazil Joint Congress of Speech-Language Pathologists and Audiologists, Foz do Iguacu, Brazil.
- **Ziegler, A.** (2019, April). *Research priorities in voice and voice disorders*. Lecture presented at the Brazil Joint Congress of Speech-Language Pathologists and Audiologists, Foz do Iguacu, Brazil.
- **Ziegler, A.** (2018, November). *Decolonizing gender expression: Supporting gender expansive communication*. Lecture presented at the WPATH Global Education Initiative – Voice and Communication, Buenos Aires, Argentina.
- **Ziegler, A.** (2017, June). *Voice training in trans men: How to facilitate the transition of a changing voice*. Invited workshop at the Voice Foundation's 46th Annual Symposium, Philadelphia, PA.
- **Ziegler, A.** (2017, March). *Achieving laryngevity: Management of vocal aging*. Invited 1-day seminar at Steps with Theera Vocational Training Centre, Bangkok, Thailand.
- **Ziegler, A.**, & LeBorgne, W. (2016, October). *Multidisciplinary management of vocal fold scar*. Invited panelist at the Fall Voice Conference, Scottsdale, AZ.
- Dietrich, M., **Ziegler, A.**, Helou, L., & LeBorgne, W. (2015, October). *Functional voice disorders: Old habits die hard*. Invited panelist at the Fall Voice Conference Pre-Conference, Pittsburgh, PA.
- **Ziegler, A.** (2014, October). *Clinical cases*. Invited panelist at the Fall Voice Conference Pre-Conference, San Antonio, TX.
- **Ziegler, A.** (2014, October). *Review of holistic medications*. Invited talk at the Fall Voice Conference Pre-Conference, San Antonio, TX.
- **Ziegler, A.**, & Hapner, E. (2014, May). *PhoRTE® therapy: Opportunities to regain the strength and restore the youth of an aging voice*. Invited workshop at the Voice Foundation's 43rd Annual Symposium, Philadelphia, PA.

- Helou, L., Gillespie, A., & **Ziegler, A.** (2014, May). *Don't take my breath away*. Invited panel at the Voice Foundation's 43rd Annual Symposium, Philadelphia, PA.
- **Ziegler, A.** (2013, October). *Voice therapy: Have it your way! What do our patients really think about voice therapy*. Invited talk at the Fall Voice Conference Pre-Conference, Atlanta, GA.
- **Ziegler, A.**, & Verdolini Abbott, K. (2011, November). *Pediatric voice therapy: Let the children be heard!* Paper presented at the UCSF Fall Voice Conference, San Francisco, CA.
- **Ziegler, A.** (2010, August). *The role of the speech pathologist in the management of the disordered singing voice: Where medicine, science and art intersect*. Invited 2-day workshop at Mahidol University, Bangkok, Thailand.

Regional & Local

- **Ziegler, A.** (2025, May). *Aging voice: Where does PhoRTE fit?* Guest Lecture for Voice Disorders Course, University of Georgia, Online.
- **Ziegler, A.** (2024, November). *Bridging the gap: Management of age-related voice changes*. Guest Lecture Series, University of Scranton CSD/SLP, Online.
- **Ziegler, A.** (2020, October). *Advances to managing voice and speech disorders in the 21st century: Meta-therapy, complexity therapy, and tele-therapy*. Lecture presented at the OSHA Conference (Online).
- **Ziegler, A.**, & Schindler, J. (2019, March). *Best practices in vocal health: What's the evidence*. Invited talk at the NWCVS Grand Rounds in Voice and Swallowing, Portland, OR.
- **Ziegler, A.** (2019, March). *Flexible endoscopic evaluation of swallowing (FEES): Technique and analysis / Hands-on practice*. Lecture and workshop at the USC Laryngeal Imaging Course, Los Angeles, CA.
- **Ziegler, A.** (2019, February). *Synergies between vocal production and auditory perception in voice masculinization therapy for gender diverse patients*. Seminar presented at the Niparko Hearing & Communication Neuroscience Seminar Series, USC, Los Angeles, CA.
- **Ziegler, A.** (2018, July). *Optimal laryngeal function over the lifespan: How do we promote laryngevity*. Invited seminar at the UT Southwestern Voice Center, Dallas, TX.
- **Ziegler, A.** (2018, May). *Voice changes and aging: How do we promote laryngevity*. Invited seminar at the University of Pittsburgh Voice Center, Pittsburgh, PA.
- **Ziegler, A.** (2018, May). *Voice therapy is adjusting physiology*. Lecture at the OHSU Intensive Voice Course, Portland, OR.
- **Ziegler, A.** (2017, April). *Demystifying vocal health*. Invited panelist at The Art & Science of the Performing Voice Symposium, Seattle, WA.
- **Ziegler, A.** (2017, January). *Hands-on practice with laryngeal imaging*. Workshop at the Laryngeal Videostroboscopy and FEES Workshop, USC Voice Center, Los Angeles, CA.
- Drake, K., Thomas, T., & **Ziegler, A.** (2016, June). *Management of voice in*

transgender clients. Invited talk at the NWCVS Grand Rounds in Voice and Swallowing, Portland, OR.

- **Ziegler, A.** (2016, May). *Laryngevity: Voice changes & aging*. Invited talk at OHSU's Aging and Communication in Health & Disease Symposium, Portland, OR.
- **Ziegler, A.** (2016, April). *Herbal supplements for vocal performance: Rumor or remedy?* Invited speaker at The Art & Science of the Performing Voice Symposium, Seattle, WA.
- **Ziegler, A.** (2016, April). *Training triple threats: Respiratory-phonatory physiology of the singer-dancer-actor*. Keynote address at the Performance Voice Conference, Salt Lake City, UT.
- Schindler, J., **Ziegler, A.**, & Pham, A. (2015, September). *Traditional, complementary and integrative medicines for the voice: Separating fact from fiction*. Invited talk at the NWCVS Grand Rounds in Voice and Swallowing, Portland, OR.
- **Ziegler, A.** (2013, October). *The behavioral voice-lift: Restoring the youth of an aging population*. Invited talk at the Department of Otolaryngology Grand Rounds, Oregon Health and Science University, Portland, OR.
- **Ziegler, A.** (2013, June). *Coding for reimbursement: Decoding CPT codes for speech-language pathology services*. Invited talk to the Honolulu Chapter of the American Academy of Professional Coders.
- **Ziegler, A.**, & LeBoeuf, K. (2012, November). *Transgender voice and communication training: Stop being "read" and "pass."* Invited talk to Life Foundation, Honolulu, HI.
- **Ziegler, A.** (2012, October). *The behavioral voice-lift: Restoring youth to an aging population*. Invited talk to Hawaii Speech-Language-Hearing Association Fall Membership Meeting, Honolulu, HI.
- **Ziegler, A.** (2012, February). *Hands-on practice with laryngeal imaging, FEES and interpretation*. Workshop at the Laryngeal Imaging Course, Emory Voice Center, Atlanta, GA. *(Also conducted in February 2011)*.
- **Ziegler, A.** (2011, March). *Voice therapy for the aging larynx*. Lecture at Voice Therapy: A Comprehensive Approach, University of Pittsburgh Voice Center, Pittsburgh, PA.
- **Ziegler, A.** (2010, February). *Report generation for the speech pathologist in independent practice: A framework*. Lecture at the Laryngeal Imaging Course, Emory Voice Center, Atlanta, GA.
- **Ziegler, A.** (2010, January). *Healthy high school musical: Getting the part and keeping it*. Invited seminar for Houston County High School, Warner Robins, GA. *(Also delivered at Mt. Lebanon High School, Pittsburgh, PA, March 2009)*.
- **Ziegler, A.** (2010, March). *Pediatric voice disorders: "IDEA"s for school-based SLPs*. Invited seminar for the Bedford School District, Bedford, MI.

Podcast Episodes, Webinars, & Digital Content

- **Ziegler, A.** (2024, June 13). *Navigating a career in voice and upper airway:*

Detours and discoveries. Webinar for the Israeli Voice Association, via Zoom.
- **Ziegler, A.** (2023, November 13). *Preventing voice problems in performers: A proactive and principled approach*. Webinar for Chulalongkorn University Department of Dramatic Arts, via Zoom.
- **Ziegler, A.** (2023, September 21). *Supporting older adults with age-related voice changes*. Webinar for Foundations of a Voice Clinician, via Zoom.
- **Ziegler, A.** (2023, July 24). *Impactful voice care: A tale of two settings*. Webinar for Confident Clinician Cooperative, LP, via Zoom.
- **Ziegler, A.** (2023, April 24). *Say my name, say my name: Real patient questions about voice and intimacy*. Webinar for Confident Clinician Cooperative, LP, via Zoom.
- **Ziegler, A.**, & Hapner, E. (2022, October 19). *Phonation Resistance Training Exercises (PhoRTE®) with Expiratory Muscle Strength Training (EMST)* (C. Sapienza, Host). Sponsored webinar by Aspire Respiratory Products.
- Rafii, B., **Ziegler, A.**, & Patzakis, P. (2022, May 1). *Aging voice*. Webinar for the SoCal Voice Foundation Chapter Meeting.
- **Ziegler, A.**, & Hapner, E. (2021–2022). *PhoRTE®, LLC online workshops*. Multiple instructional webinars delivered via Zoom (Dates: Feb 2021, Apr 2021, Jul 2021, Oct 2021, May 2022, Jul 2022).
- **Ziegler, A.** (2021, April 16). *Ghana World Voice Day celebration*. Online educational forum via Zoom.
- **Ziegler, A.** (2021, April 12). *Preventing and treating phonogenic voice problems*. Telepractice Today Podcast.
- Gill, J., & **Ziegler, A.** (2021, March 3). *The Wellness Group for Voice, Speech, and Swallowing*. Clinic Chats Podcast.
- **Ziegler, A.**, & Johnson, A. (2021, February 16). *The aging instrument: Mind, body, and spirit of therapy*. Voice Therapy Conference.
- **Ziegler, A.** (2020). *Voice therapy for vocal fold paralysis and paresis*. Continuing education course via MedBridge, Seattle, WA.
- **Ziegler, A.** (2020, September 20). *Voice conference pt. 1: Moment-to-moment decision-making in voice therapy*. Webinar via speechtherapypd.com.
- **Ziegler, A.**, & Hapner, E. R. (2020). *PhoRTE®, LLC online workshops*. Series of training webinars via Zoom (Dates: Jun 2020, Jul 2020, Aug 2020).
- **Ziegler, A.**, & Hapner, E. R. (2020, April 26). *Revving up the aging voice*. Speech Uncensored Podcast.
- **Ziegler, A.** (2020, January 27). *Specialize in voice therapy*. Speech Uncensored Podcast.

Awards

National & Regional Research Honors

- **All Star Abstract Presentation**, Fall Voice Conference, Miami, FL (2021)

- **Best Student Presentation** (Co-Author), Voice Foundation's Annual Symposium (2021)
- **Best Poster Award**, Laryngology Education Foundation at the Fall Voice Conference, Seattle, WA (2018)
- **Clinical Practice Research Institute Grant**, American Speech-Language-Hearing Association (ASHA) (2016)
- **Clinical Research Loan Repayment Program Award**, National Institutes of Health (NIH/NIDCD) (2015)
- **Lessons for Success Participant**, American Speech-Language-Hearing Association (ASHA) (2015)
- **Trainee Travel Grant**, Laryngology Education Foundation (2014)
- **Governor's Proclamation**, State of Hawaii Inaugural World Voice Day (2013)
- **New Century Scholars Doctoral Scholarship**, American Speech-Language-Hearing Association (ASHA) Foundation (2012)
- **Student Research Travel Award**, American Speech-Language-Hearing Association (ASHA) Foundation (2011)
- **Topic Coordinator Choice Poster Award** (Meritorious Selection), American Speech-Language-Hearing Association (ASHA) Convention, San Diego, CA (2011)

Institutional & Departmental Honors

- **Distinguished Service Award**, Department of Communication Sciences and Disorders, University of Hawaii at Manoa (2013)
- **Bruce Baker Award**, University of Pittsburgh (2011)
- **Graduate and Professional Student Association (GPSA) Travel Award**, University of Pittsburgh (2009, 2011)
- **School of Health and Rehabilitation Sciences (SHRS) Travel Award**, University of Pittsburgh (2009, 2011)
- **Chairman's 5k Challenge Volunteer Award**, Department of Otolaryngology-Head & Neck Surgery, Oregon Health & Science University (2016)
- **Northwestern University Scholarship**, Northwestern University (2006)

Service

Membership in Professional Societies

- **American Speech-Language-Hearing Association (ASHA):** Member (2010–Present)
- **ASHA Special Interest Group 3 (Voice & Voice Disorders):** Member (2006, 2011–Present)
- **Oregon Speech and Hearing Association (OSHA):** Member (2020–2024)

- **Hawai'i Speech-Language-Hearing Association (HSHA):** Member (2012–2013)
- **ASHA Special Interest Group 4 (Fluency & Fluency Disorders):** Member (2006)
- **Voice and Speech Trainers Association (VASTA):** Member (2006–2007)
- **National Academy of Recording Arts and Sciences (NARAS):** Member (2006–2007)

Editorial & Review Board Activities

- **Associate Editor of Voice Science and Vocal Health**, VASTA *Voice and Speech Review* (2015–2019)
    - Acted as editor for the article that won the 2017 Dudley Knight Award for Outstanding Vocal Scholarship.
- **Founding Member**, Otolaryngology Scholarly Writing Group, Oregon Health & Science University (2017–2019).
- **Grant Reviewer**, Students Preparing for Academic Research Careers (SPARC) Award, ASHA (2017, 2018).
- **Ad Hoc Peer Reviewer for Scholarly Journals:**
    - *Journal of Voice* (2010–Present)
    - *International Journal of Language & Communication Disorders* (2014–Present)
    - *Journal of Communication Disorders* (2015–Present)
    - *American Journal of Speech-Language Pathology* (2016–Present)
    - *The Laryngoscope* (2017–Present)
    - *Language, Speech, & Hearing Services in Schools* (2018–Present)
    - *Journal of Speech-Language-Hearing Research* (2019–Present)
    - *Communication Disorders Quarterly* (2020–Present)
    - *Seminars in Speech and Language* (2020–Present)
    - *Transgender Health* (2021–Present)
    - *Annals of Otology, Rhinology & Laryngology* (2024–Present)

Committees

International & National

- Member, ASHA Convention Voice and Alaryngeal Communication Topic Committee (2018, 2023)
- Co-Chair, ASHA Convention Business and Practice Management SLP Topic Committee (2022)
- Member, Fall Voice Conference Scientific Advisory Committee (2015, 2020)
- External Examiner of Theses for MSc Degree, School of Graduate Studies, University of Ghana, Accra (2018)
- Ambassador, NIH Loan Repayment Program (2017)

- Poster Presentation Judge, Voice Foundation Annual Symposium (2017)
- Member, ASHA Special Interest Group 3 Research Subcommittee (2010)
- Founder and Member, Multi-Institutional Voice Research Rounds (MIVRR) (2010–2014)

Regional

- Member, OSHA Online Conference Scientific Planning Committee (2020)
- Founding Member, West Coast Voice Consortium (2018–2020)
- Co-Director, OHSU/NWCVS Intensive Voice Course on Voice Therapy (2018)
- Chair, Hawaii Speech-Language-Hearing Association Educational Affairs Committee (2013)
- Member, Hawaii Speech-Language-Hearing Association Membership Subcommittee (2012–2013)

Institutional & Departmental

- CSD and SLP Advisory Boards, University of Scranton, Dept. of Health and Human Performance (2024–2025)
- Graduate Student Admissions Committee, University of Scranton, Dept. of Health and Human Performance (2024)
- Graduate Student Admission Interviews, Pacific University Dept. of Communication Sciences and Disorders (2020)
- Curriculum developer, OHSU Department of Otolaryngology PGY-1 ENT Resident Curriculum, NWCVS Rotation (2016–2019)
- Board Preparation Examiner, OHSU Department of Otolaryngology Resident Assessment of Voice/Treatment/Physiology (2016)
- Poster Presentation Judge, OHSU Research Week (2017)
- Organizing Chair, Inaugural State of Hawaii World Voice Day, University of Hawaii at Manoa (2013)
- Admissions Committee, Communication Sciences & Disorders, University of Hawaii at Manoa (2013)
- Chapter Advisor, National Student Speech-Language-Hearing Association (NSSLHA) UHM Chapter (2012–2013)
- Departmental Research Seminar Coordinator, University of Pittsburgh CSD Department (2010–2011)

Community Service

- **Master of Ceremonies**, Annual Bjorn This Way Online Fundraiser (2022–2026)
    - Personally directed virtual fundraising broadcasts that raised over $225,000 across a 5-year project duration.
- **Webinar Instructor**, *Helping People Thrive*, Bjorn This Way, Inc. (2023)
    - Conducted free educational programming highlighting speech pathology access.
- **Webinar Instructor**, *Preventing Vocal Fatigue with Online Teaching*, Oregon

Public Schools (2020)
    - Designed clinical workshops to support state educators shifting to digital platforms.
- **Campaign Organizer**, GoFundMe for University of Ghana Speech Pathology Support (2018).
- **Community Lecturer**, Metropolitan Performing Arts Academy (2015).
- **Event Volunteer & Screener:**
    - University of Hawaii Cancer Center Health and Science Fair (2013)
    - Easter Seals Oahu Gingerbread Family Festival (2012)
    - Atlanta Head and Neck Cancer Coalition (NASCAR clinical cancer screenings) (2010)
    - ASHA Annual Convention & Voice Foundation Symposia (2006–2007)